






Talking About the Birds & Bees in Our Technological World


Peter Janetzki - Counsellor / Educator
Dip.T., Grad. Dip.Soc.Sc., M.Soc.Sc.(Counselling).
CCAA (Clin), PACFA Reg, ARCAP Reg



- Did your parents discuss with you, puberty, puberty changes, anatomy and sexuality, in a natural way?
- Were the correct anatomical names used for genitals when you were a child?
- Were you told about the 5 stages of puberty including how they differ between girls and boys?
- Were you told specifics about contraception methods and their failure rates?
- How many STI's (STD's) can you name?






What makes this topic SO DIFFICULT?



What makes this topic SO DIFFICULT?

- Fear & Embarrassment
- Unknown & New Experience
- No One Told Me
- What Do I Say?
- When Do I Say It?
- How Do I Start?
- What If?






Did You Know?

“Each society around the world has almost without exception passed onto the next generation - physical knowledge about sex - social & moral standards governing sexual behaviour. Almost without exception.


There has been , in, particular, one major exception, which has not done this. Ours!”

Source: B. Ward Powers (1987. p.52)

Some Things are Certain

- Our kids are going to learn it sooner or later
- We as parents determine who tells our kids - US or someone else
- When it comes to sexuality education there is no ‘amoral position’





Some Things are Certain

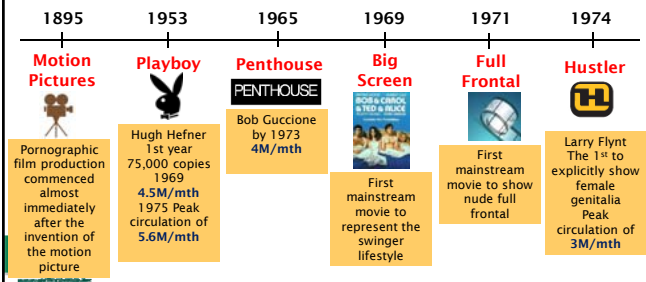
- Don't assume it is done by giving them a book to read
- Ignorance doesn't result in GOOD CHOICES
- NAIVETY does not produce INNOCENCE & MORALITY



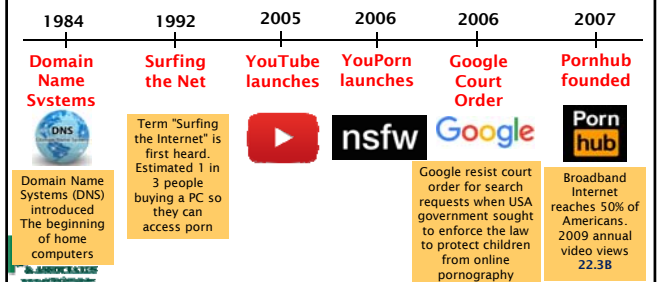
What has been the impact of TECHNOLOGY?



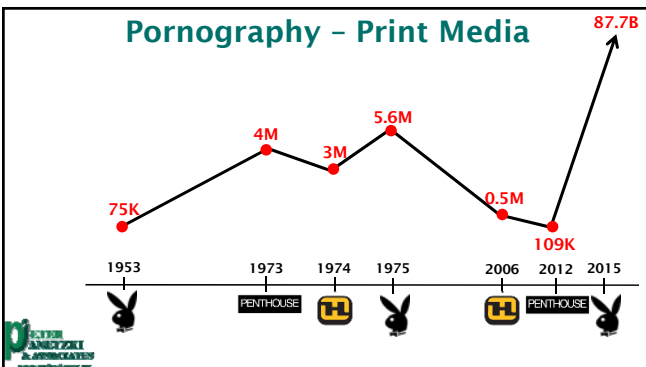
The History of Pornography



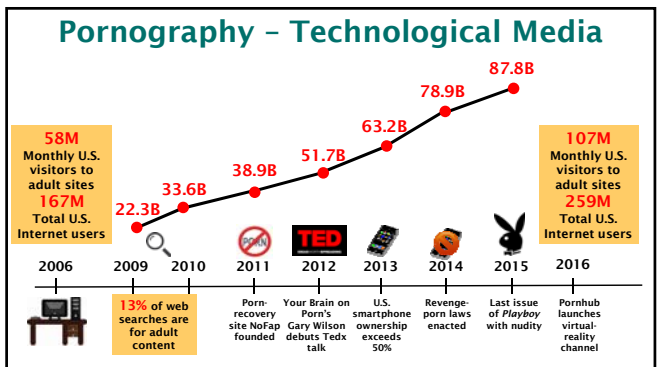
The History of Pornography

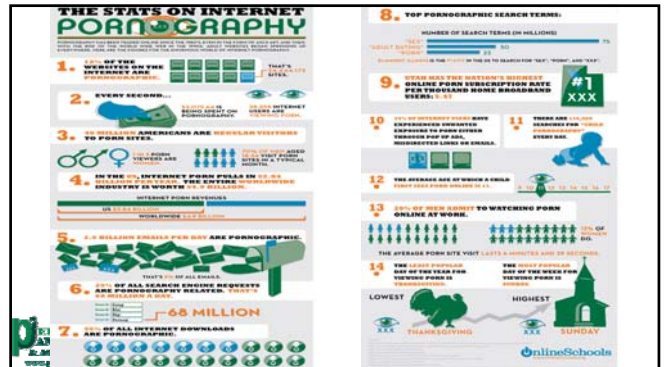
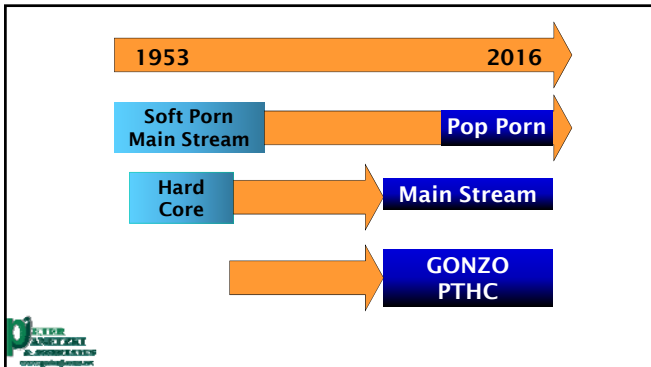


Pornography - Print Media



Pornography - Technological Media





Big Porn Inc. (2012)

Melinda Tankard Reist

Young boys are being exposed to hard-core violent pornography before they even hold hands with, or kiss, a girl

70% of boys have viewed adult content by the time they are 12 years old

and by the time they're 15, you'd find it close to impossible to find a boy who hasn't viewed it

Even girls are exposed to pornography at increasingly high rates with around half having viewed pornography by age 12 and 97% by age 16

Adolescence, pornography and harm

Judy Putt - General Manager, Research.
The Australian Institute of Criminology. Feb 25, 2010

The probability that a young person will have exposure to pornography prior to the age of 18 - the legal age in Australia at which it is permissible to view and purchase such materials - is very high

Young people cite their peers as their principal source of sexual information (e.g. Wallmyr & Welin 2006). Peers are central to how concepts portrayed in the media become incorporated into the performance of gender identities (Attwood 2005).

From Playboy to Video Hits

When I was a boy

Today's world

The Challenge of Technology

16 & 17 year old Australians & Porn

Source: Michael Flood and Clive Hamilton, Youth and pornography in Australia: Evidence on the extent of exposure and likely effects, The Australia Institute, Canberra, 2003.

- 84% Boys & 60% Girls had exposure to Internet porn
- 38% Boys & 2% Girls deliberately looking for sex sites
- 73% Boys & 11% Girls have watched X-rated videos



Sunday Mail - 9 Oct 2011, page 7

Kids branded for a Lewd texts

Jason Yin

HUNDREDS of teenagers have been charged over producing or distributing child pornography over the past year, according to a report.

The report says that more than 450 child pornography charges have been laid against youths between the ages of 12 and 17, including 111 charges of "making child exploitation material". More than 160 charges were laid alone - 26 more than...

IN THE PAST 3 YEARS, MORE THAN 450 CHILD PORNOGRAPHY CHARGES HAVE BEEN LAID AGAINST 10-17 yr olds

...to take an action were charged with a juvenile offender caught with child pornography. But when can find their names added to the state's Child Protection Offender Register or the Australian National Child Offender Register.

The Sunday Mail reported earlier this year that schools were being overwhelmed by an explosion in smartphone use, with texting and...

Parents and communication continue to grapple with the issue of "sexting", where sexual images are exchanged via SMS.

Teen who engage in sexting risk...

...said "When you take a picture of yourself and send it that's child pornography," he said.

Dr Len Gregg said a conversation would have a "catastrophic" effect on a teenager's future.



<http://www.kidspot.com.au/why-parents-have-to-understand-pornography> - February 8, 2013

With all this exposure to pornography, violence and crime content, are we surprised by newly released Australian Bureau of Statistics figures that show **sexual assaults and related offences committed by school-aged children** have almost quadrupled in four years? **They leapt from 450 to 1709.**



The Impact of Pornography on the Developing Child

Pornography;



- Changes Brain Structures
- Desensitizes
- Distorts expectations
- Pornography Attacks Relationship



Some Do's

- Make it a normal part of life
- Talk about relationships and values
- Start early avoid waiting for the 'right time'
- Make the most of every day opportunities
- Give age appropriate honest answers



Some Do's

- Be natural - if you get a bit embarrassed - be OK about it
- In dual parent families both parents need to be involved
- If you don't know something then seek out the information
- When using resources talk about the aspect that you disagree with



Some Resources



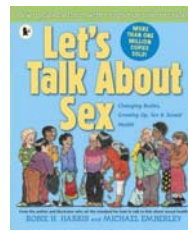
Growing Up By the Book -
Patricia Weerakoon -
Christian Education
Publications - 10-14 years



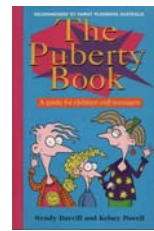
Teen Sex By the Book -
Patricia Weerakoon -
Christian Education
Publications - 14+ years



Some Resources



Let's Talk About Sex - Robie
H. Harris - Walker Books - 10
years+



The Puberty Book -
Wendy Darvill & Kelsey
Powell - Hodder - Teens



Some Web Resources

- www.kidspot.com.au/why-parents-have-to-understand-pornography
- www.internetsafeeducation.com
- www.fortifyprogram.org
- www.pornharmskids.org.au
- families.org.au



www.fortifyprogram.org



www.peterj.com.au

www.facebook.com/PeterJanetzki

www.facebook.com/peterj.associates1